

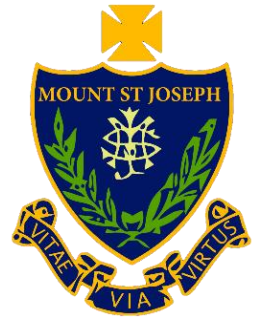
Mount St. Joseph

"A community of Learners, Believers and Friends"

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Headteacher: Mrs A Devany



4th September 2025

Dear Parents and Carers,

Relationships, Sex and Health Education (RSHE) is a statutory part of the curriculum in all secondary schools in England. Alongside this, pupils also receive Personal, Social, Health and Economic Education (PSHE), which supports their wider personal development and wellbeing. Together, these subjects help prepare pupils for life in modern society.

As a Catholic school, we deliver this through *Life to the Full* by Ten Ten Resources, an award-winning Catholic organisation. Their programme is rooted in Church teaching and recognises the vital role of parents in guiding their children. To support you, Ten Ten provides an **Online Parent Portal**, which includes:

- An overview of the programme
- Guidance on lesson content
- Activities to use at home

You can access the portal at: [Life To The Full Secondary - Ten Ten Resources](https://www.tententresources.com/life-to-the-full-secondary)

Username: mount-st-joe

Password: opp-sale-4

Parents may request withdrawal from the sex education element of RSHE (other than statutory science). There is no right to withdraw from relationships education, health education, or PSHE. If you wish to discuss this, please contact your child's PDT tutor. Our RSHE Policy is available on the school website for you to read in more detail.

Thank you for your continued support.

Yours sincerely,

Mrs M Smith
Assistant Headteacher