



*A community of learners,
believers and friends*



ST TERESA
of **CALCUTTA**
Catholic Academy Trust

WB 10th March Collective Worship

*But if we walk in the light, as he is in the light,
we have fellowship with one another*
1 John 1:7



Events this week

A stained glass window with a wooden frame, featuring various colored panes (yellow, blue, green, grey) and leaded glass designs. A dark purple rounded rectangle is overlaid on the center of the window.

All are welcome in the
chapel:

Wednesday morning
8:20-8:30 – prayers for
community

KS3 – Friday lunchtime
Social time

March

10

In the name of the Father, Son and Holy Spirit



What is this image showing?



Our prayers this week focus on temptation



Your Father knows what you need before you ask him.
This, then, is how you should pray:

Matthew 6:8-9

We prayer the words Jesus taught us together saying:

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come;
Thy will be done on earth as it is in heaven. Give us this day our daily bread;
and forgive us our trespasses as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.

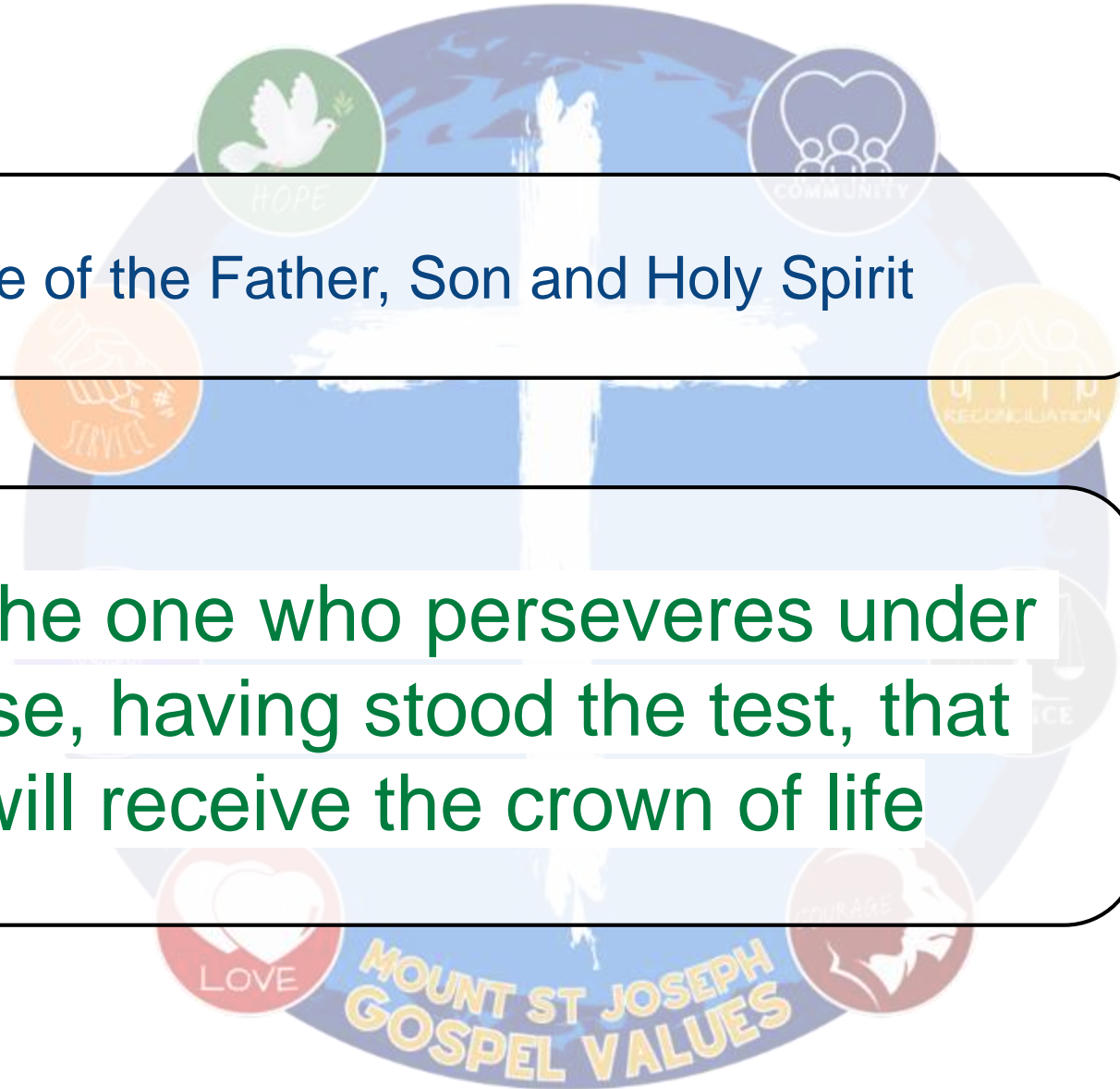
St Joseph – Pray for us
St Teresa – Pray for us

How can we resist temptation?



In the name of the Father, Son and Holy Spirit

Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life





[*Stillness Script – Click here*](#)

BE STILL

Spend a couple of minutes in silent reflection, thinking about the challenges and temptations we face, giving them to God.

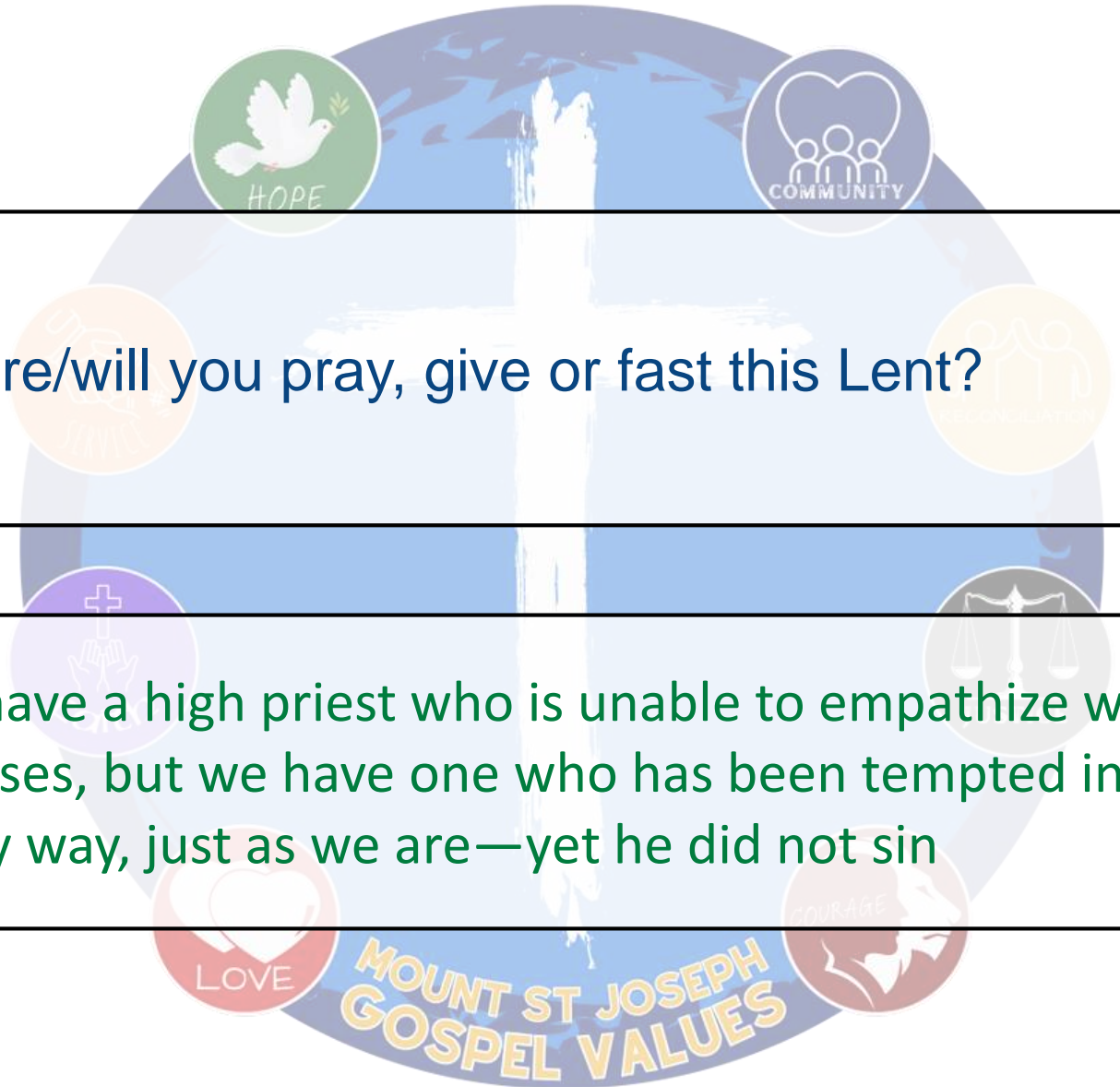


In the name of the Father, Son and Holy Spirit



How are/will you pray, give or fast this Lent?

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin





As we start our journey through Lent let's make a Lenten Promise.

Take some quiet time to reflect. Choose one thing you can do this Lent, so that you grow to become more like Jesus by the time we reach Holy Week.

How will you pray, give or fast this Lent?

Write your promise on the sheet.

- Sign it, then fold it and put it into your pocket.
- Take it out every morning to remind your self of this promise to yourself and God.
- At the end of the day, look back over your day.
- How well have you kept your promise today?



Give up harsh words: use generous ones.

Give up unhappiness: take up gratitude.

Give up anger: take up gentleness and patience.

Give up pessimism: take up hope and optimism.

Give up worrying: take up trust in God.

Give up complaining: value what you have.

Give up stress: take up prayer.

Give up judging others: discover Jesus within them.

Give up sorrow and bitterness: fill your heart with joy.

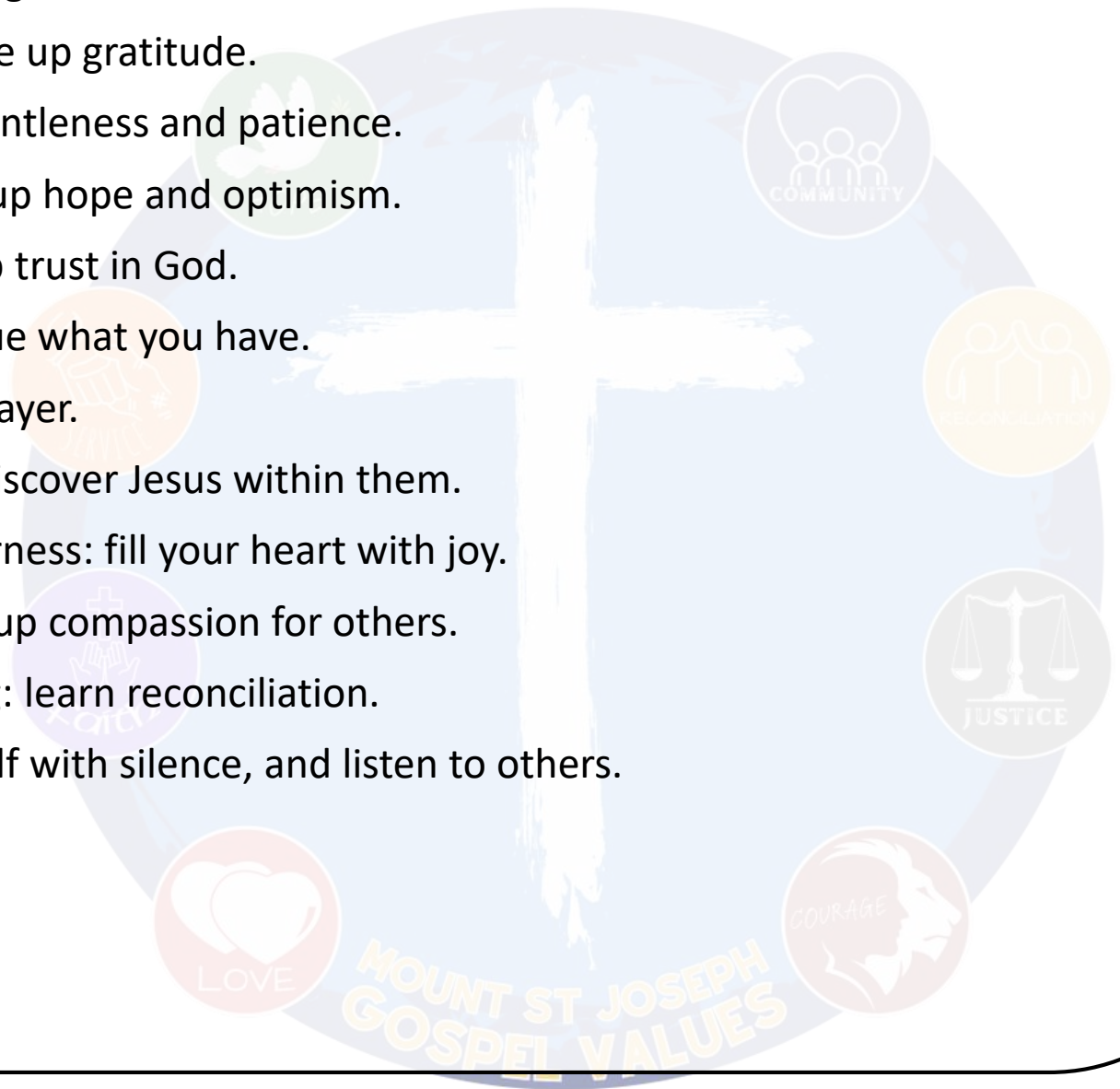
Give up selfishness: take up compassion for others.

Give up being unforgiving: learn reconciliation.

Give up words: fill yourself with silence, and listen to others.

St Joseph – pray for us

St Teresa – pray for us





In the name of the Father, Son and Holy Spirit



"Then Jesus was led by the Spirit into the wilderness to be tempted by the devil.."

Reflect on this story through the music video



What can we learn from
this story?



March

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**WE
GATHER**

**WE
LISTEN**

In the name of the Father, the Son and the Holy Spirit

As we join with Cafod on Fast Day, pray by watching one of their videos.

<https://youtu.be/oEtpTxt3Pag?si=T9F3JOjJ2YTI3XA5>

Make a commitment to help, so that your fasting will have appositve impact on the lives of others.

LOVE

MOUNT ST JOSEPH
GOSPEL VALUES



Hope is a kernel of light and strength
which dwells in our hearts
in expectation of good things to come.

Light up our lives with your love so that we may be signs of hope.

Hope shines brightly,
but the burdens of life
can dampen its glow.

Light up our lives with your love so that we may be signs of hope.

Lead us as pilgrims on a journey
alongside our brothers and sisters
as we respond to your Jubilee call.

Light up our lives with your love so that we may be signs of hope.



Renew our faith
and move us to action
as we commit to building a better world.

Light up our lives with your love so that we may be signs of hope. Amen.