

Class	RE, PSHE or Tutor Time								Whole Year
Main Themes	All	Created and Loved by God			Created to Love Others		Created to Live in Community		All
Focus	Religious Understanding	Me, My Body, My Dignity	Wellbeing and Health	Life Cycles	Personal Relationships	Online Awareness	Living in the Wider World	Safe and Well	Cinema-in-Education
Year 7	Theme 1 Who Am I?	Theme 2 Changing Bodies	Theme 3a Healthy Inside & Out Theme 3b Keeping Well (Part 1)	Theme 4 Where We Come From	Theme 5 Family and Friends	Theme 6 My Life on Screen	Theme 7 Living Responsibly	Theme 8 Basic First Aid (Part 1)	Session 1 Facts of Life Session 2 Seeking and Offering Support Session 3 Looking in the Mirror
Year 8	Theme 1 Created and Chosen	Theme 2 Appreciating Differences	Theme 3a Feelings Theme 3b Keeping Well (Part 2)	Theme 4 Before I Was Born	Theme 5 Tough Relationships	Theme 6 Think Before You Share	Theme 7 Wider World	Theme 8 Basic First Aid (Part 2)	Session 1 The Trouble with Max Session 2 Trust the Truth (Part 1) Session 3 Trust the Truth (Part 2)
Year 9	Theme 1 The Search for Love	Theme 2 Love People, Use Things	Theme 3a In Control of My Choices Theme 3b Drug & Smoking Awareness	Theme 4 Fertility and Contraception	Theme 5a Commitment and Marriage Theme 5b Understanding Consent	Theme 6 Safe and Smart Online	Theme 7 Human Rights - And Wrongs	Theme 8a Out and About Theme 8b Lifesaving Skills	Session 1 Love, Honour, Cherish Session 2 The Gift of Sex Session 3 The Gift of Self

Class	RE, PSHE or Tutor Time								Whole Year
Main Themes	All	Created and Loved by God			Created to Love Others		Created to Live in Community		All
Focus	Religious Understanding	Me, My Body, My Dignity	Wellbeing and Health	Life Cycles	Personal Relationships	Online Awareness	Living in the Wider World	Safe and Well	Cinema-in-Education
Year 10	Theme 1 Authentic Freedom	Theme 2 Self-Image	Theme 3 Beliefs, Values, Attitudes	Theme 4 Parenthood	Theme 5a Pregnancy and Abortion Theme 5b Abuse	Theme 6 Online Influences	Theme 7 Solidarity	Theme 8 Out in Public	Session 1 Babies Session 2 Responding to an Unexpected Pregnancy Session 3 Safe Sex or Save Sex?
Year 11	Theme 1 Self-Worth	Theme 2 Alcohol, Drugs & Dependency	Theme 3a Mental Wellbeing Theme 3b* Eating Disorders Theme 3c Health & Fitness	Theme 4 Family Planning and Fertility	Theme 5a Sexual Health Theme 5b Pornography Theme 5c Coercive Control				Session 1 Truth and Lies Session 2 Truth or Lies (Part 1) Session 3 Truth or Lies (Part 2)
Year 12									Session 1 Common Room Session 2 Life in Sixth Form (Part 1) Session 3 Life in Sixth Form (Part 2)
Year 13									Session 1 Bakhita's Prayer Session 2 Understanding Human Trafficking Session 3 Taking Action

* Optional